



STRAITLINES



THE NEWSLETTER OF THE NORTH OLYMPIC SAIL AND POWER SQUADRON
A Unit of UNITED STATES POWER SQUADRONS®
A Member of DISTRICT 16

Volume 13 Issue 3

March 2006

Commander's Report Jim Jones, P

Wow! What a time we had at SARC the other night testing out our PFDs! We all got wet first, trying to put our PFDs on in the water (with our clothes on) – that was harder to do than I thought! Wear your PFDs when on (or near) your boat, so if you do fall in, it will start working for you immediately! It is almost impossible to get it on when treading water – and this was in an indoor pool, not outdoors in 53 degree water with waves.

The next thing we learned was that some PFDs work better than others. The Type 1 Offshore PFDs are the best of the non-inflatable types for keeping you upright and your head out of the water. The Suspenders were super as they inflated with 38lbs of air pressure and blew up to the size of most Type 1 PFDs and did a great job of holding your head out of water and keeping your upper body floating on top of the water. They are also comfortable to have on at all times that you forget that you have them on. Thanks to Chris Muir for putting this program together and for conducting a well organized session. We even had our mascot Boy Over Board Bob weighted so that he was about 180 lbs – then we took turns trying to haul him out of the water and into a simulated boat swim platform – its harder than you think!

Chris also set up a "Life Sling" so that we could feel how that worked being hauled up out of the water in the sling. It was a great night for safety and for experiencing first hand how our own PFDs worked in the water, vs your living room or in the store where you bought them! We had around 10 members show up – hope those of you who didn't can make it next time as it was well worth the effort to get wet with your PFD.

As far as I know the North Olympic Sail and Power Squadron is the only organization around

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Executive Officer's Report Tom Chandler, SN Seasickness

There's no reason seasickness should interfere with a boating vacation. Just take preventive steps before you need them.

What is seasickness? Fluids in your inner ear detect and respond to movement. In normal circumstances, these fluids help you maintain your balance. On a rolling boat, the erratic stimulation sends confusing and contradictory messages to your brain, which may respond with motion sickness or seasickness. Symptoms are worst in a close room, when the visual message to your brain ("we're not moving") contradicts the motion felt by your inner ear ("we sure are moving!"). Anyone who's ever been seriously seasick knows what a miserable feeling it is. Given the risk of enduring that all week, why would anyone spend a week on a boat? The answer is, a few simple steps will keep you from getting seasick. However, it's easier to prevent it from occurring, than to get rid of it once you're on a roiling boat. Here's what you should know about seasickness.

Are you susceptible? Nearly everyone will get seasick in heavy seas, if they haven't taken steps to prevent it. Some people are more susceptible to the swells that are typical on a cruise boat; others are less so. If you never feel nauseous on a plane, even in turbulent weather, you're probably less susceptible. If you've been aboard boats in choppy water, or in small airplanes in rough air, without feeling nausea, can read a newspaper in a moving, slightly bouncy car, you're less susceptible to seasickness. But before starting a week-long vacation on a live-aboard boat, even experienced boaters who feel they're unlikely to get seasick will usually take preventive measures. Why risk letting anything interfere with a great week?

Preventive medicine: For most people, a simple over-the-counter medication such as Dramamine (available in both standard and non-drowsy

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BRIDGE OFFICERS

Commander

Jim Jones, P 582-9134
1363 Doe Run Rd.
Sequim, WA 98382

Executive Officer

Tom Chandler, SN 457-0684
433 Herrick Rd.
Port Angeles, WA 98363

Education Officer

Richard Michels, JN 681-4762
153 E. Diane Dr.
Sequim, WA 98382

Asst. Education Officer

P/C Peyton Greenough, AP 683-6506
388 Dungeness Meadows
Sequim, WA 98382

Administrative Officer

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63 E. Nelson Rd.

Sequim, WA 98382

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250 North St.
Sequim, WA 98382

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202 Kirner Road
Sequim, WA 98382

Treasurer

Janet Jones, P 582-9134
1363 Doe Run Rd.
Sequim, WA 98382

Past Commander

P/C Ron Jones, SN 681-0193
51 Horizon Hills Rd.
Sequim, WA 98382

MEETINGS, DEADLINES and CONTACTS

General Meetings:

Sept. through May on the 2nd Monday of the month.

Web Master: Richard Michels, JN
rmichels47@yahoo.com

Executive Board Meetings:

3rd Monday of every month at 8:30AM, at Jean's Deli in Sequim. All members are welcome.

Straitlines Deadline:

All materials for publication must be submitted to the Editor by Friday following the Executive Board Meeting.

Contacts:

Cdr. Jim Jones, P Phone: 360-582-9134.

Mail: 1363 Doe Run Rd., Sequim, WA 98382

Email: jajjones8@msn.com

Executive Committee

Del Copeland, S
Svein Seljeseth
P/C Ron Jones, SN

Nominating Committee

P/C Ted Shanks, P
P/C Ron Jones, SN
P/C Hank David, P

Audit Committee

Joe Richerts, P
Gene Haugen, JN

Rules Committee

Peyton Greenough, AP

Budget and Finance

Joel Magisos, AP

Co-Op Charting

Bob Ketelsen, P

Cruise Planning

Richard Michels, JN
P/C Ted Shanks, P
Joel Magisos AP
P/C Peyton Greenough, AP
Duke Sparks, P

Public Relations

Bob Stearns, AP

Historian

"Open"

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Richard Michels, JN SEO
P/C Peyton Greenough, AP ASEO
Mark Lewis, SN Advanced Grades
P/C Ted Shanks, P Electives
Judy Shanks, P Basic Boating
Linda Yaruss, P Youth Safety

Housing Committee

"Open"

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Gloria Fitzpatrick

Merit Mark Coordinator

P/C Ted Shanks, P

Member Orientation

P/R/C Bob Brummett, SN

Planning Committee

P/C Paul Mowery, P
Duke Sparks, P
Dodie Sparks, P
Joel Magisos, AP

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Port Angeles "Open"

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"Open"

Radio/Technical Officer

P/C Hank David, P

Telephone

Carol Brown, AP

Safety Committee

"Open"

Straitlines Editor

P/C Ron Jones, SN

Supply Officer

Joe Richerts, AP

Vessel Safety Checks

P/R/C Bob Brummett, SN
P/C Ted Shanks, P
Bob Thompson, P
P/C Ron Jones, SN
Harvey Smith, JN

**MINUTES of REGULAR MEETING
NORTH OLYMPIC SAIL & POWER
SQUADRON**

**February 13, 2006, at The Secret Garden, Port
Angeles, WA**

Commander Jim Jones called the meeting to order and led the flag salute. As head of the nominating committee, Jim read the following nominations for officers of the Power Squadron next year:

Commander: Jim Jones,
Secretary: Sydney Copeland,
Executive Officer: Del Copeland,
Treasurer: Jan Jones,
Administrative Officer: Richard Michels,
Education Officer: Ron Jones.

Jim announced that nominations from the floor will be held next month before the election.

P/C Ted Shanks asked everyone to sign up for the shake down cruise and to pick up the green sheet for the 2006 Cruise schedule. He also announced that the Cruise Planning Course starts February 16 at John Wayne Marina and the Engine Maintenance Course will start at the offices of Edward Jones March 7.

Safety Inspections are due (it's a new year). Our inspectors are: Bob Brummett, Jim Fitzgerald, Ron Jones, Harvey Smith, Bob Johnson, and Ted Shanks. Give them a call. Saturday, February 18, P/C Nancy Magisos will be teaching Operations Training at 1:00 p.m. at the Sequim Bay Yacht Club club room at John Wayne Marina.

If you have a large yacht, you can get a larger Burgee – for a larger fee of course. See Joe Richert or Duke Sparks. They would need to make a larger order than just one. Everyone get your heads together to decide if you need one and let them know.

Wednesday February 15, Chris Muir will present his water safety course at SARC 6:30 – 8:30.

Bob Brummett presented his answer to the Navigation question and from all the correct answers, Jim Jones was picked. Good Going Jim.

February 18 is District Council in Edmunds and March 17-19 is District Conference in Chelan.

Jeramey Johnson, Operations Manager for Arrow Launch, Arrow Marine, and the Victoria Express was our guest speaker and we were all so

interested we almost stayed too late. It was only fair that he won the lottery and promptly gave it back to the club.

**Recorded by
Sydney Copeland, S
Secretary**

**MINUTES OF EXECUTIVE BOARD
MEETING NORTH OLYMPIC SAIL AND
POWER SQUADRON**

**February 20, 2005 at Jean's Deli
Sequim, Washington**

Commander Jim Jones opened the meeting with 13 members present. Jim reported that six bridge members attended the District Council meeting at Edmonds. All six came back with ideas presented by other squadrons. One was that membership might be increased if the basic boating course was removed as a requirement for becoming a member since someone who had been boating for years would feel (and rightly so) it was not necessary and be insulted. This would have to be passed by National. Another squadron, who has over 200 in membership, has four clubs in their organization: Trailing, Ladies, Sea Scouts, and Fishing.

Bob Stearns, Publicity, suggests we publicize our web site more beginning with the Hot Map section. He says our vessel safety check information should be on the bulletin boards at the marinas and any other place that is boating involved. We currently are scheduled for safety checks on April 1 & 2 at the John Wayne Marina and at the P.A. Yacht Club – both from 10:00 a.m. to 2:00 p.m. (which can be extended as needed). Those qualified and are available for safety checks are: Bob Brummett, Jim Fitzpatrick, Ron Jones, Ted Shanks, Harvey Smith, and Bob Thompson.

It seems we are going to have to switch to Boat Smart instead of ABC courses according to National. The rational for this: ABC was written by Coast Guard and Boat Smart was written by USPS.

Since the Shake Down Cruise was scheduled for Easter Weekend, the date has to be changed – perhaps to the last weekend in March if a Captain

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March 2006 Navigation Exercise:

You just got a complete new electronic navigation system. After completing the installation P/C Hank David, P suggested you check your compass before depending on it because most of the new equipment had to be mounted very close to the compass.

You and your spouse spend the night on the boat because you want to get an early start the next morning to take the boat out and get experience using the new system. Both of you are having coffee when you notice the sun shining on the boats compass so you decide this would be a good time to check it. You attach a small lead weight to the end of 2 pieces of string. You suspend one piece between the hand held compass and the sun such that the string casts a shadow across the compass. Your spouse does the same to the boats compass. When you have the shadow centered across the hand held compass card you call "MARK" and record a bearing of the sun of 097° and a reciprocal of 277° and your spouse records a bearing of 113° and a reciprocal of 293° at the same time. The variation in the area is 18° E.

If your hand held compass has no deviation, what is your boats compass deviation?

Send your answer with all calculations to:

P/R/C Robert E. Brummett, SN
40590 N. U. S. Hwy. 101
Lilliwaup, WA 98555



USPS PLEDGE

I do solemnly pledge to:
Abide by the bylaws of the United States Power Squadrons®;
Promote high standards of navigation and seamanship;
Maintain my boat and operate it legally;
Render assistance whenever possible;
And conduct myself in a manner that will add prestige, honor and respect to the United States Power Squadrons.®

Solution for February Navigation Quiz

The distance to the visual horizon can be calculated using the formula $D = 1.17 \times \sqrt{(H.E.)}$ where D = distance in nautical miles and H.E. is height of eye above the water in feet. The radar distance is $D = 1.22 \times \sqrt{(\text{height of antenna})}$. The radar can see further over the horizon because of its greater refraction than light. With no refraction the geometrical distance would be $D = 1.06 \times \sqrt{(H.E.)}$. You could also use table 8 "Distance of the horizon" from Bowditch. When you are looking at something over the horizon, the same relationship applies to both sides. Therefore:



$$D1 = 1.17 \times \sqrt{9} = 1.17 \times 3 = 3.51$$

$$D2 = 1.17 \times \sqrt{49} = 1.17 \times 7 = 8.19$$

Total Distance = 11.70 Nautical Miles

The time to travel at the estimated speed of 5 knots would be:

$$60 \times D = S \times T$$

$$60 \times 11.7 = 5 \times T$$

$$T = 140.4 \text{ minutes}$$

Or: 2 hours and 20.4 minutes, plenty of time to catch a few crabs.

P/R/C Bob Brummett, SN



NOSPS March Dinner Meeting

Our next NOSPS meeting will be Monday, March 13, 2006 at the Secret Garden Buffet, 1936 East First Street in Port Angeles. BYOB Social Hour will begin at 1730 (5:30). After our regular monthly meeting, we will have a buffet dinner at approximately 18:30 (6:45), followed by our Program.

CRUISING COMMITTEE

Princess Louisa Inlet

Entrance: 50 09.70'N, 123 51.17'W

Maps: 3512, 3514, Chartbook 3312

To quote from the 2006 Edition of the *Waggoner Cruising Guide*: "Princess Louisa Inlet, 4 miles long, is the 'holy grail' for cruising people from all over the world. Entered through Malibu Rapids, the inlet is surrounded by mile-high mountains that drop almost vertically into 1000-foot depths below. Entering Princess Louisa Inlet is like entering a great cathedral.....It is one of the most awesome destinations on the coast.....you will be treated to dozens of beautiful waterfalls streaming down the mountainsides." The 2nd edition of Douglass' book *Exploring the South Coast of British Columbia* states: "The inlet is a magnificent granite-walled gorge cut sharply by an ancient glacier into mountains which rise 5,000 to 8,000 feet from the water's edge. It is an azure-blue jewel set in granite walls and fragrant green forests of cedars, pines and firs.....There is no scenery in the world that can beat it."

To get ready for this magnificent cruise, sign up for the shakedown cruise to Port Hadlock and the anchoring cruise to Mystery Bay. To sign up for the Princess Louisa Cruise in September, contact either Ted Shanks or Richard Michels.

Life is a series of discoveries leading from one plateau of understanding to another.....The trick is not to fall into the stuff between plateaus.

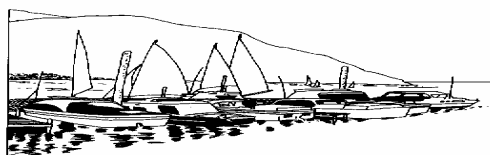
BOATSMART INSTRUCTOR'S SCHEDULE

| <i>Year</i> | <i>Quarter</i> | <i>Primary</i> | <i>Secondary</i> | <i>Proctor</i> |
|-------------|----------------|------------------|------------------|-----------------|
| 2006 | Apr 29 | Ron Jones | Peyton Greenough | Chris Zook |
| | Aug 5 | Peyton Greenough | Chris Zook | Joe Richerts |
| | Oct 7 | Chris Zook | Joe Richerts | Hank David |
| 2007 | Winter | Joe Richerts | Hank David | Mark Lewis |
| | Spring | Hank David | Mark Lewis | Harvey Smith |
| | Summer | Mark Lewis | Harvey Smith | Sparks |
| | Fall | Harvey Smith | Sparks | Jim Fitzpatrick |
| 2008 | Winter | Sparks | Jim Fitzpatrick | Ted Shanks |
| | Spring | Jim Fitzpatrick | Ted Shanks | Joel Magisos |
| | Summer | Ted Shanks | Joel Magisos | Richard Michels |
| | Fall | Joel Magisos | Richard Michels | Jim Jones |

Commander's Report Continued from Page 1 here that does this type of hands on training. You can maximize your membership by taking advantage of this type of program. Tonight for those in the AP class, Richard Michels (SEO) is going to demonstrate our Radar Simulator program we just purchased – another value added feature of membership in the US Power Squadron. Where can you go to practice your Radar skills in your living room on your computer or in a class? – Right here at NOSPS!!

March Birthday Corner

- James McCartney - 3/6**
- George Schoenfeldt - 3/9**
- Robert Benson - 3/12**
- Nancy Magisos - 3/14**
- Peter Bulkeley - 3/17**
- Lois Benson - 3/21**



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Port Angeles, WA 98362

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NOSPS COURSE PLANNER

| Course | Dates | Time | Location | Contact |
|--------------------|-----------|-----------|----------|------------|
| ABC Basic Boating | 29 Apr 06 | 1000-1600 | PAYC | Jim Jones |
| ABC Basic Boating | 5 Aug 06 | 1000-1600 | TBD | Jim Jones |
| Engine Maintenance | 07 Mar 06 | TBD | TBD | Ted Shanks |

Education Honor Roll

Congratulations to the following graduates of the 2005 **Seamanship** course:

Jim Fitzpatrick
Jim Jones
Janet Jones
Robert Ketelsen
Dolores Ketelsen
Roland Lohner
Alan Swann
Peter Wintermute
Gary Yaruss

Congratulations to the following graduates of the 2005 **Marine Electronics** course:

Jim Jones
Ron Jones
Harold Dymant
Bob Ketelsen
Ted Shanks
Gary Yaruss

Congratulations to Richard Michels, our very own SEO, who has successfully completed all the requirements of the **Junior Navigation** course.

Educational Proficiency Awards 1966 to 2006:

The USPS Educational Proficiency Award is given to members who have completed Advanced Grade Courses through Advanced Piloting plus 3 Electives. This is considered the minimal educational target for all members. The following NOSPS members are recipients of this prestigious award:

Robert Benson
Frank Benson
Charlie Brown
Bob Brummett
Tom Chandler
Larry Douglas
Peyton Greenough
Gene Haugen
Ron Jones
Mark Lewis
Joel Magisos
Dave Mattingley
Richard Michels
Harold Royaltey
Harvey Smith
George Walker
Willard Woods

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and Co-Captain can be found.

The Radar Simulator Program is a licensed one and is on the Power Squadron laptop. Richard Michels moved and Ted Shanks seconded the motion that \$10.00 be charged to rent the laptop with the Simulator Program for 3 days maximum IF nothing else is scheduled for the lap top. The motion passed.

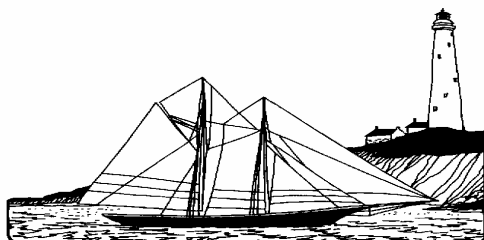
Duke and Dodie have arranged to have the Change of Watch dinner catered for \$20.00 each. Jim will arrange for the bar at the Sequim Yacht Club.

Jan Jones, Treasurer, reports that we are still in the black by \$178.00. Jan suggested that she would like \$1.00 more be added to the \$29.00 dues – said \$1.00 be credited to the Educational Committee. Richard so moved, Duke and Dodie seconded the motion and it passed unanimously. Jan also announced that her books had been audited and had passed. On the down side, Gene Haugen said the poor overworked copier had finally bitten the dust and he has had to get a new one. There are several Straitlines that have to be copied and sent by regular mail. For this, we need a copier.

NEEDED: Co-op Charting chairman. Unfortunately, Bob Ketelsen has had to resign due to ill health.

We also need Volunteers for Cruise Captains and Co-Captains, Volunteers for Telephone Committee in addition to Carol and Dodie, Volunteers to decorate and/or ride in our Irrigation Parade float, Volunteers to man booths for National Safe Boating Week. **Make March Volunteer Month!!!!**

**Recorded by
Sydney Copeland, S
Secretary**



NOSPS MARCH DINNER MEETING

Our next NOSPS meeting will be Monday, March 13, 2006 at the Secret Garden Buffet, 1936 East First Street in Port Angeles. BYOB Social Time will begin at 1730 (5:30). After our regular monthly meeting, we will have a buffet dinner at approximately 1830 (6:45), followed by a special program.

We will have an “In House” Program, presented by Squadron Members who will provide a CD show and give commentary about the USPS District Rendezvous that was held at Port Orchard. Come watch the fun, camaraderie and how NOSPS came through at the Rendezvous.

Since our meeting is the week of St. Patrick’s Day, be sure to wear something Green. Who knows, you might win a prize.

We hope to see all of you at the Secret Garden Buffet on March 13, and don’t forget your Green.



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formulations) or TripTone is all that's necessary to avoid any symptoms of seasickness. To be on the safe side, start taking it ten or twelve hours before heading out to sea. The next step up is a prescription skin patch, which releases a small, steady dosage of scopolamine into your body. You'll need to discuss with your doctor whether this is suitable for you. With a patch, you needn't worry about forgetting to take a pill on schedule.

Alternative prevention: Several approaches can be used to supplement, or replace, the common drugs suggested above. If experimenting with any of these, try one on a short trip, before committing to it for an entire week.

- Many people have reported success with wristbands, which apply pressure to an acupuncture point.

- There's considerable anecdotal evidence that ginger will prevent seasickness. It can be taken in various forms. Ginger powder is the purest source (different studies have recommended 1 to 4 grams); or try gingersnap cookies, ginger root, or pickled ginger from an Asian market. Ginger should be ingested at least several hours in advance.

- Stay hydrated. Drinking lots of water before you set sail.

- Eating oatmeal or crusty bread will minimize the nausea. Avoid greasy foods.

I have found that Saltine Crackers do it for me when the swells start to build.

While on the boat: Most of your time on a live-aboard boat, you're likely to be in fairly calm water. But if the boat hits choppy water, you can do several things.

- Keep your eyes on the horizon.
- Stay in the fresh air, and avoid any discomforting odors.
- Stand toward the middle of the boat, where motion is less severe.
- Don't read or do other close-up work.
- Sucking on lemon drops or other hard candy may be helpful.
- Jump in! If you're in warm water, your best course may simply be to get in the water.

Ways to Simulate Life at Sea in Your Home .

1. Surround yourself with people that you don't really know or like: people who smoke, snore like Mack trucks going uphill, and use foul language like a child uses sugar on cereal.
2. Unplug all radios and TVs to completely cut yourself off from the outside world. Have a neighbor bring you a Time, Newsweek, or Proceedings from five years ago to keep you abreast of current events.
3. Monitor all home appliances hourly, recording all vital information (ie: plugged in, lights come on when doors open, etc)
4. Do not flush the toilet for five days to simulate the smell of many people using the same commode.
5. Lock the bathroom twice a day for a four hour period.
6. Work in 19 hour cycles, sleeping only four hours at a time, to ensure that your body does not know or even care if it is day or night.
7. Cut a twin mattress in half and enclose three sides of your bed. Add a roof that prevents you from sitting up (about 10 inches is a good distance) then place it on a platform that is four feet off the floor. Place a small dead animal under the bed to simulate the smell of your bunkmate's socks.
8. Set your alarm to go off at 10 minute intervals for the first hour of sleep to simulate the various times the watch standers and night crew bump around and wake you up. Place your bed on a rocking table to ensure you are tossed around the remaining three hours. Make use of a custom clock that randomly simulates fire alarms, police sirens, helicopter crash alarms, and a new wave rock band.
9. Have week old fruit and vegetables delivered to your garage and wait two weeks before eating them.
10. Prepare all meals blindfolded using all the spices you can grope for, or none at all. Remove the blindfold and eat everything in three minutes.
11. At least once a month, force the commode to overflow to simulate a 'black water system' boo boo'.

NOSPS Website

More useful links have been added to www.calmseas.org. To access these links, go to www.calmseas.org, click on *boating links*, and then click on the relevant floating menu tab. New links include the following:

ABC Course Info tab:

ABC Instructor Manual

Educational Info tab:

Free Maptech Digital Charts

GPS Time Information

World Facts

Local Variation

Associations tab:

Ensign

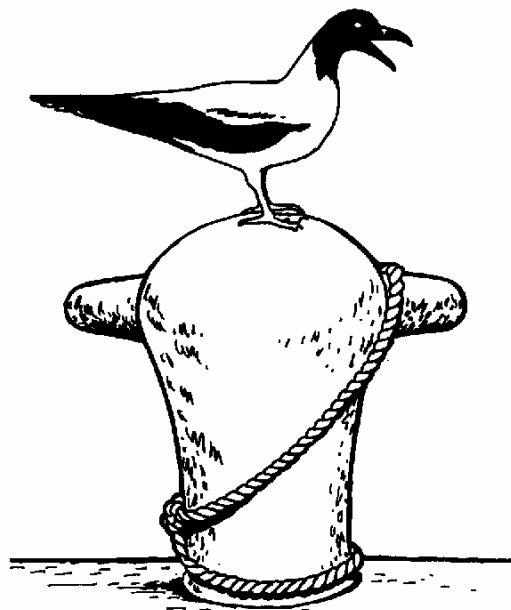
Hot, Hotmap

What's a hotmap? A hotmap is a map containing text, symbols, or demarcated regions, such that when you click on the text, symbol, or region, a hyperlink will be activated navigating you to another website or display. A hotmap is being implemented on www.calmseas.org, which will allow you to easily navigate to a harbor, such as Bedwell Harbor, and then display information concerning that harbor, such as the VHF Channel the harbor communicates on, harbor moorage rates, a live webcam of the harbor (if available), etc. To access the hotmap, go to www.calmseas.org and click on Hotmap. The first map displays an area from Olympia to an area north of Desolation Sound.. You then click on a region, such as the Gulf Islands to display a larger map of that region, which also displays the various harbors. Then, you click on the harbor of interest and relevant information concerning that harbor will be displayed. The hotmap is a great time saver in accessing basic information concerning many of our cruising destinations. The map is currently in development and more regions and harbors will be displayed over time. If there is other information you'd like to see displayed concerning a harbor, please contact the webmaster, Richard Michels, or send email to calmseashelp@yahoo.com .

Try it, you'll like it!

CALL FOR CRUISE CAPTAINS

The joint NOSPS/SBYC/PAYC 2006 cruising schedule is published in this issue of Straitlines and can also be viewed on www.calmseas.org, by clicking on the *cruises* link. NOSPS is responsible for organizing (6) cruises for 2006 and it is up to us to provide cruise captains and co-captains for those (6) cruises. Some of the positions have already been filled. However, we need a captain and co-captain for the Shake Down cruise to be held April 14-16 to Port Hadlock and captain/co-captain for the Mystery Bay Practice Anchoring cruise scheduled for May 20-21. Both of these cruises are of short duration and consist of local destinations. If you are one of our cruisers, please consider volunteering for one of these open positions. This will help spread the load among more members and help prevent a cancellation of the cruise, which would be a disappointment to members of SBYC/PAYC, who may have signed up for the cruise. To volunteer, please call Richard Michels at 681-4762, or send an email to calmseashelp@yahoo.com. Thanks in advance for your help!



**Administrative Officer's Report
Duke and Dodie Sparks**

Our February meeting was well attended and it seemed like all were interested in the information given by Jeramey Johnson, Operations Manager and Terry Messinger, Terminal Manager for Arrow Launch, Arrow Marine, and the Victoria Express. These three components serve the Harbors of the Puget Sound, including Port Angeles. They provide water taxi service and assistance to ships anchored in the harbors. The Victoria Express is a fast passenger ferry between Port Angeles, Victoria and the San Juan Islands. The latter will arrange hotel accommodations, transportation, high tea reservations and other tours in Victoria, Port Angeles or Friday Harbor. They also offer a one-day trip to the Tulip Festival in La Conner.

We read an interesting article on "Why Boats are Referred to as "She".

The book "Yarns of the Sea, Legends, Myths and Superstitions" states that "although women were considered to bring bad luck at sea, mariners always use the pronoun "she" when referring to their ships. Whether its proper name is masculine, or whether it is a man o' war, a battle ship, or a nuclear submarine, a ship is always referred to as "she".

This old tradition is thought to stem from the fact that in the Romance Languages, the word for "ship" is always in the feminine. Therefore, Mediterranean sailors always referred to their ships as "she", and the practice was adopted over the centuries by their English-speaking counterparts."

One source suggests that a ship "was nearer and dearer to the sailor than anyone except his mother." What better reason to call his ship "she"?

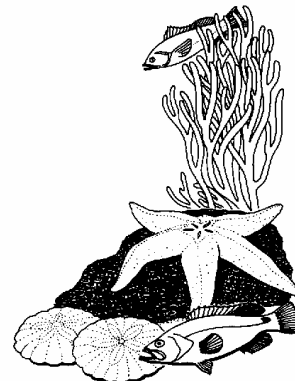
Cruising Season is getting close. Now is the time to get our boats ship shape and ready to go. One of the most important things to NOT FORGET before you leave is to make out and file a **FLOAT PLAN**. Leave a float plan with a friend or family member so that they can call the Coast Guard if you fail to return. If you don't return when scheduled, possibly due to a problem,

someone needs to know how and where to try to contact you. If they do place a call to the Coast Guard, they need to be able to supply helpful information such as where the boat left from, a description of the vessel, time of departure and expected time of arrival, what rescue equipment is on board, does the overdue person or persons have any medical conditions, how many people are on board, and any other information that would help a rescue operation find you in the least amount of time. The Coast Guard also recommends that you check in regularly by radio or telephone at each point specified in the float plan. The "fresher" your last known position, the better their chances of success in locating a missing vessel in the event search and rescue operations become necessary.

Also, remember that a power driven vessel underway must stay out of the way of the following:

1. A sailing vessel, under sail only, and vessels propelled by oars or paddles. Remember, when a sail boat has its motor running, it is a power-driven vessel.
2. A vessel engaged in fishing, who's fishing equipment restricts its maneuverability – such as a commercial fishing vessel. A vessel with restricted maneuverability such as a dredge or tow boat. A boat engaged in work that restricts it to a certain area, or a vessel transferring supplies to another vessel. A vessel not under command – broken down.

We wish NOSPS, the Sequim Bay Yacht Club and the Port Angeles Yacht Club a wonderful, fun-filled and **SAFE** cruising season.



JOINT NOSPS/PAYC/SBYC CRUISE SCHEDULE – 2006

| <i>Dates</i> | <i>Length (Days)</i> | <i>Destination</i> | <i>Theme</i> | <i>Sponsor Cruise Captain</i> | <i>Comments</i> | <i>Interest Level</i> |
|--------------------|--------------------------|--|---|--|---|---------------------------|
| March 26-30 | 4 | Port Hadlock | NOSPS Shake Down | NOSPS | Super yummy Sunday brunch at Alcohol Plant/ dinner at Jakes | High 7 |
| April 4-8 | 5 | Port Hudson Port Hadlock Bell Harbor | SBYC Shakedown | SBYC <i>Captain: Ted Shanks</i> | | Medium |
| April 20-23 | 4 | Sidney BC, Oak Bay | PAYC Shake Down | PAYC | | High 6 |
| May 5-7 | 3 | Canada | Predicted Log | PAYC <i>Captain: Al Gross</i> | Van Isle-Race@ Haro-Victoria | Medium 4 |
| May 20-21 | 2 | Mystery Bay | Practice Anchoring | NOSPS <i>Shallow water- Review Tide Tables</i> | Potluck Picnic/ BBQ | Medium 5 |
| May 25 - June 3 | 10 | Gulf Islands, Chemainus, Telegraph Cove | Memorial Day Cruise | PAYC <i>Captain: Hal Gilmour</i> | BBQ/Dingy Races/Bocce Ball at Telegraph | Medium 6 |
| June 23-25 | 3 | Poulsbo | USPS D16 Rendezvous | NOSPS <i>Captain: Jim Jones</i> | NOSPS Only | High 6 |
| July 3-5 | 3 | Bell Harbor | Rockets Red Glare | NOSPS <i>Captain: Richard Michels Co-Captain: Jim Jones</i> | Contact cruise captain to waitlist | FULL |
| July 24-29 | 4 - 6 | LaConnor, Anacortes, Oak Harbor | For the Ladies | SBYC <i>Co-Captain: Larry Fox Co_Captain: Jim Jones</i> | Quilt museum, shops | High 6 |
| August 22-27 | 6 | Victoria/Sooke, Brentwood & points east for fishing | Fish & Shop | NOSPS <i>Captain: Willard Woods</i> | Mates can shop while fisherpersons follow Willard. Fireworks at Buchart. Requires Cana- dian fishing license. | High 7 |
| September 4-15 | 12 | Princess Louisa | Paradise Found | NOSPS <i>Co-captain: Ted Shanks</i> | | High 9 |
| September 16 | 1 | Local Sequim Bay | Hospice race Predicted Log? | SBYC | | High |
| September 22-30 | 9 | South Sound, Hood Canal | Port Orchard, Olympia, Tacoma, Bell Harbor | PAYC | | Medium |
| October 8-10 | 3 | Victoria | Maple Leaf | SBYC <i>Captain: Co-captain: Ted Shanks</i> | | Not Polled |

Notes:

“Destination” does not necessarily include all the harbors to be visited; only the primary harbors may show here

All cruises are open to all three boating organizations, unless indicated otherwise

To join a cruise, boats must coordinate with the Planning Captain

Sponsoring Club members *may* have priority

NORTH OLYMPIC SAIL and POWER SQUADRON

Invites you to attend our next general meeting on Monday, March 13, from 1730 to 1900 at the Secret Garden Buffet, 1936 East First Street in Port Angeles. The BYOB Social Hour will begin at 1730 (5:30PM) . After our regular monthly meeting, we will our program.

We will have an "In House" Program, presented by Squadron Members who will provide a CD show and give commentary about the USPS District Rendezvous that was held at Port Orchard.

WE HOPE TO SEE ALL OF YOU AT THE SECRET GARDEN BUFFET ON THE 13TH OF MARCH.

Visit the NOSPS Web Site at
<http://www.calmseas.org>

The District 16 Web Page is at
<http://www.usps.org/localusps/d16>

NOSPS TIPS

Before you head out on your boat or haul it out for the winter, have your FREE Boat Safety Check. Contact P/C Ted Shanks, P for an appointment.

North Olympic Sail and Power Squadron
P/C Ronald T. Jones, SN Editor
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Sequim, WA. 98382